

# PRHC Mental Health & Addictions Services Referral

PATIENT LABEL

Date of Referral (DD/MM/YYYY): \_\_\_\_\_

K#: \_\_\_\_\_ Status: \_\_\_\_\_

Please note **this is not a crisis service**. If you need immediate support, please call or text 9-8-8 toll-free, anytime, or visit the closest Emergency Department. **We do not conduct assessments for legal or child custody purposes or insurance claims.**

## CLIENT/PATIENT INFORMATION

Name: _____	DOB (DD/MM/YYYY): _____	<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Other
OHIP #: _____	Address: _____	
Method of contact (Choose all that you consent to): <input type="checkbox"/> Phone #: _____ <input type="checkbox"/> Cell #: _____ <input type="checkbox"/> Mail		
<input type="checkbox"/> Email: _____ Can we leave messages? <input type="checkbox"/> Yes <input type="checkbox"/> No		
Next of Kin: _____ Relationship to client: _____ Phone #: _____		
Language: _____ Is an interpreter required? <input type="checkbox"/> Yes <input type="checkbox"/> No Is client aware of this referral? <input type="checkbox"/> Yes <input type="checkbox"/> No		
Are any of the following responsible for medical decisions? <input type="checkbox"/> Power of Attorney <input type="checkbox"/> Substitute Decision Maker <input type="checkbox"/> Trustee		
Name of contact: _____		

<b>PRESENTING PROBLEMS</b> (symptoms, duration, severity and contributing factors) GAD 7 score: _____ PHQ9 Score: _____ Diagnostic Impressions: _____	<b>REFERRING SOURCE NAME:</b> _____ Telephone: _____ Fax: _____ Billing #: _____ Referral Signature: _____ <b>PRIMARY PHYSICIAN NAME:</b> _____ Telephone: _____ Fax: _____ Billing #: _____
REASON FOR REFERRAL: (symptoms, duration and goal, etc.)  Impact on daily functioning: <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe	

**PLEASE INDICATE WHICH PROGRAM THIS REFERRAL IS DIRECTED TO. Each program requires a separate referral. ONLY check boxes available for requested program (i.e. urgent/elective only available in PASE)**

<input type="checkbox"/> Adult Outpatient Program (AOP) Telephone: 705-876-5028 Fax: 705-876-5013
<input type="checkbox"/> Psychotherapy Services
<input type="checkbox"/> Psychiatric Consultation (Assessment and Treatment Recommendation)
<input type="checkbox"/> Family & Youth Clinic Telephone: 705-876-5114 Fax: 705-876-5040
<input type="checkbox"/> Family & Youth Clinic (FYC) <input type="checkbox"/> Eating Disorders <input type="checkbox"/> Urgent Care Clinic
If parents separated, give name and telephone for both: Name: _____ Phone #: _____ Name: _____ Phone #: _____
<input type="checkbox"/> Metabolic Clinic (AOP/PATC) Telephone: 705-876-5071 Fax: 705-876-5013
Medication: _____ Prescriber: _____ Coverage: <input type="checkbox"/> ODSP <input type="checkbox"/> Private: _____ *For patients without primary care provider
<input type="checkbox"/> LYNX Early Psychosis Intervention Program (EPI) Telephone: 705-876-5071 Fax: 705-876-5013
<input type="checkbox"/> LYNX Early Psychosis Intervention Program (EPI) Experiencing first possible break/symptoms of psychosis and aged 14 – 35 years
<input type="checkbox"/> Psychosis Assessment and Treatment Clinic (PATC) (formerly Schizophrenia clinic) Telephone: 705-876-5071 Fax: 705-876-5013
<input type="checkbox"/> Psychiatry <input type="checkbox"/> Psychosocial Programs <input type="checkbox"/> Clinical case management
<input type="checkbox"/> Psychiatric Assessment Services for the Elderly (PASE) (Over age 65 years) Telephone: 705-876-5076 Fax: 705-876-5160
<input type="checkbox"/> Urgent <input type="checkbox"/> Elective *Please include medical work up & reports

**CURRENT MEDICATIONS (Psychiatric) attach additional information if needed**

Medication	Dose / Frequency	Response & Adverse Effects

**PAST MEDICATIONS (Psychiatric)**

Medication	Dose / Frequency	Response & Adverse Effects

Allergies: \_\_\_\_\_

Past Psychiatric Assessments or Therapies:  Yes  No  Documents attached to referral form

*Please note, in order to process referral request any previous psychiatric assessments or therapy reports/documents must be attached to referral form*

Practioner: \_\_\_\_\_ Date (DD/MM/YYYY): \_\_\_\_\_

Practioner: \_\_\_\_\_ Date (DD/MM/YYYY): \_\_\_\_\_

**If your patient is in crisis and at imminent risk of self harm or suicide please direct the patient to the PRHC Emergency Department for assessment by the Crisis Response Team. You may also want to provide your patient with the suicide crisis helpline, 9-8-8, a safe space to talk, 24 hours a day, every day of the year.**

<b>1. Suicidality</b> Ideation: <input type="checkbox"/> No <input type="checkbox"/> Active <input type="checkbox"/> Passive Plan: <input type="checkbox"/> No <input type="checkbox"/> Yes Attempts: _____ Date of last attempt (DD/MM/YYYY): _____ Lethality of attempts: <input type="checkbox"/> Low <input type="checkbox"/> Moderate <input type="checkbox"/> High	<b>7. Cognitive functioning</b> Developmentally Impaired? <input type="checkbox"/> Yes <input type="checkbox"/> No
<b>2. Harmful Behaviour</b> <input type="checkbox"/> Current <input type="checkbox"/> Past <input type="checkbox"/> Unknown Toward self? <input type="checkbox"/> No <input type="checkbox"/> Yes Explain: _____	<b>8. Previous mental health history</b> <input type="checkbox"/> Attach reports (including FHT mental health therapists) Presenting Problem (Dates/Hospitalized?)
<b>3. Aggressive Behaviour</b> <input type="checkbox"/> Current <input type="checkbox"/> Past <input type="checkbox"/> Unknown Toward others? <input type="checkbox"/> No <input type="checkbox"/> Yes Explain: _____	<b>9. Family Psychiatric History</b> <input type="checkbox"/> Yes <input type="checkbox"/> No
<b>4. Trauma History</b> <input type="checkbox"/> Current <input type="checkbox"/> Past <input type="checkbox"/> Unknown	<b>10. Addictions/Substance Use (alcohol, drug, gambling, other)</b> <input type="checkbox"/> Current Use <input type="checkbox"/> Past Use Type/Quantity/Frequency: _____
<b>5. Family Issues</b>	<b>11. Legal Charges/Involvement</b> <input type="checkbox"/> No <input type="checkbox"/> Yes Describe: _____
	<b>12. Referrals/waitlisted for other services?</b> <input type="checkbox"/> No <input type="checkbox"/> Yes
<b>6. Medical Issues</b>	<b>13. Other involved care providers: (GP, NP, Psych, CMHA, FHT Mental Health therapist, CCAC, etc.)</b>

**OFFICE USE ONLY**

\_\_\_\_\_ Date client called (DD/MM/YYYY): \_\_\_\_\_ 30 day expiry date (DD/MM/YYYY): \_\_\_\_\_

Booked with: \_\_\_\_\_

Appointment date (DD/MM/YYYY): \_\_\_\_\_ Time: \_\_\_\_\_ Method of contact: \_\_\_\_\_  Cancelled  DNA

Appointment date (DD/MM/YYYY): \_\_\_\_\_ Time: \_\_\_\_\_ Method of contact: \_\_\_\_\_  Cancelled  DNA