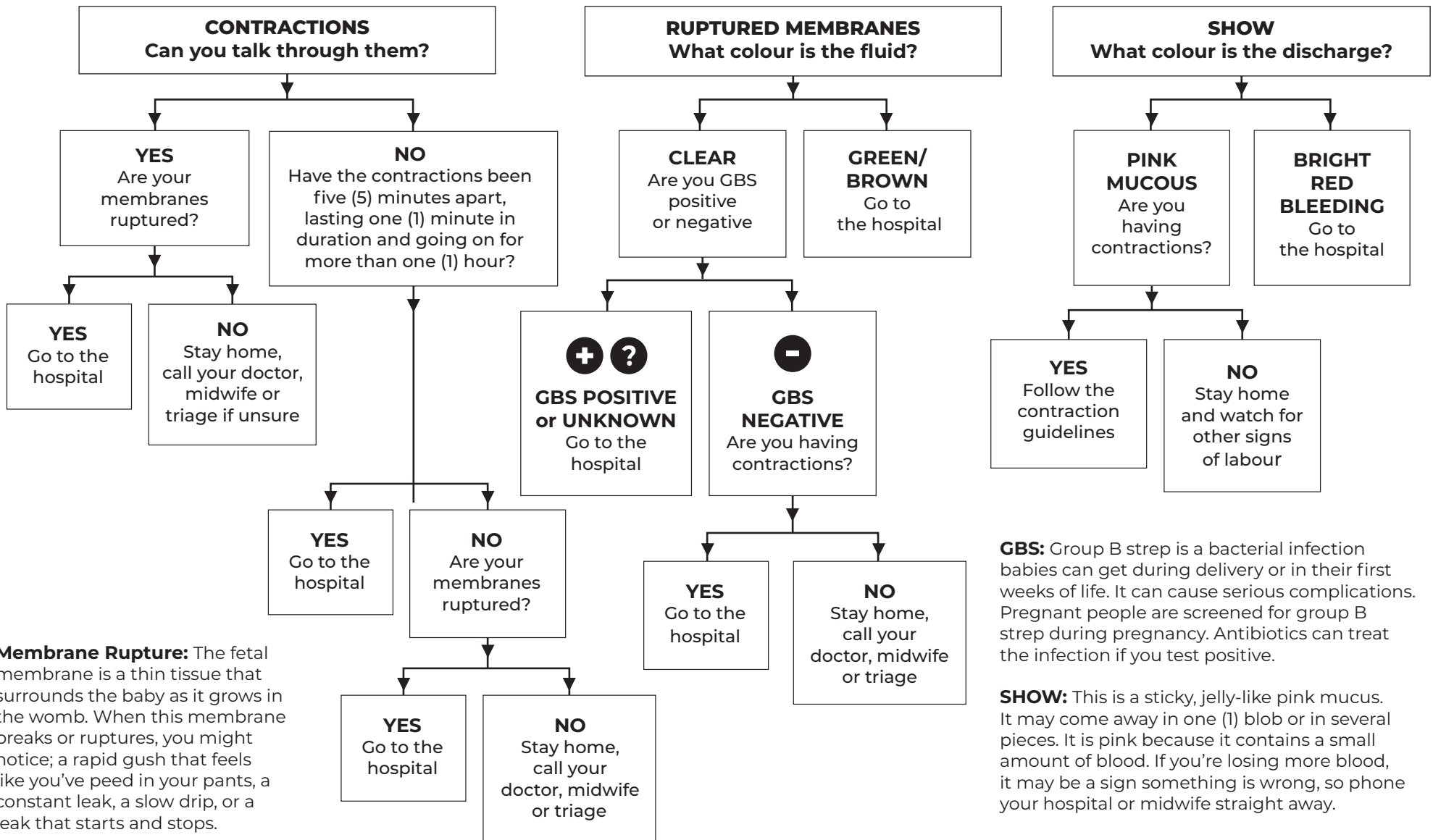


Labour Decision Tree

- Use this tool only once you are 37 weeks pregnant -



Membrane Rupture: The fetal membrane is a thin tissue that surrounds the baby as it grows in the womb. When this membrane breaks or ruptures, you might notice; a rapid gush that feels like you've peed in your pants, a constant leak, a slow drip, or a leak that starts and stops.

GBS: Group B strep is a bacterial infection babies can get during delivery or in their first weeks of life. It can cause serious complications. Pregnant people are screened for group B strep during pregnancy. Antibiotics can treat the infection if you test positive.

SHOW: This is a sticky, jelly-like pink mucus. It may come away in one (1) blob or in several pieces. It is pink because it contains a small amount of blood. If you're losing more blood, it may be a sign something is wrong, so phone your hospital or midwife straight away.

If you have questions or are concerned about you or your baby, please call the Labour & Delivery unit. We can be reached 24/7 at 705-743-2121 x. 5036.

Please note: this is not intended to replace your doctor or midwife's advice. If you are concerned for any reason for you or your baby, please go to the hospital.