

Points to Remember:

People who do HHD say it improves their quality of life.

The HHD nurse and technologist will complete an initial home assessment as a first step to determine if HHD is right for you.

Training for HHD takes six (6) weeks, or longer if needed. Training is four (4) days per week.

Individual training and treatment schedule.

A nurse and technologist are on-call to provide support from 7:00 a.m. to 11:00 p.m. on week days and 7:00 a.m. to 7:00 p.m. on weekends.

Home Hemodialysis is a partnership between you and your Nephrology Team.

For more information, contact the home hemodialysis team at 705-743-2121 x. 3419 or the Nurse Navigator at 705-743-2121 x.3770

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Hills Hospital

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Patient & Family Information

Home Hemodialysis (HHD)



Freedom and Flexibility

PRHC

Peterborough Regional Health Centre

One team, here when you need us most.

www.prhc.on.ca



What is Home Hemodialysis (HHD)?

Hemodialysis is a life sustaining treatment option for people with kidney disease. We teach and support you to do this treatment for yourself in the comfort of your own home.

The cost for equipment and supplies is covered by the Ministry of Health & Long Term Care.

All medical supplies needed for treatments are delivered to your home.

Requirements

- Potable water at home
- Storage room for supplies and equipment
- Training takes six (6) weeks, or longer if needed
- Training is four (4) days a week
- Initial home assessment by nurse and technologist
- Homeowner approval for plumbing and electrical modifications

Home Hemodialysis Training

You will learn to provide your own care and dialysis treatment. Teaching occurs at the hospital during your hemodialysis treatment. If you need a helper to do your treatment at home, a family member or someone else of your choosing can also be trained. This will be assessed on an individual basis.

You will learn to:

- Prepare and maintain equipment
- Access your own blood supply
- Monitor and keep record of your treatment
- Troubleshoot treatment related problems
- Collect necessary blood tests
- Order supplies

The training staff will make sure you are safe to do your home hemodialysis treatments before you start.

Benefits

- Over time, the need for some medications is often reduced
- Dialysis in the comfort of your own home on your schedule
 - Eat more, drink more
 - Increased energy

- Improved well-being and quality of life
- Reduced travel time and cost
- A utility grant is available to help offset the added cost of water and hydro

Challenges

- Keeping a positive attitude about your learning
- Storage room for dialysis machines and supplies
- Ongoing commitment to your dialysis needs
- Extra garbage accumulation

Nx Stage Home Hemodialysis Machine

Treatment in the comfort of your own home.

