

Do You Need a Family Doctor?

If you need a family doctor, you are an “unattached patient” and need to be connected. Here are two options:

1. Register for **Health Care Connect** and a nurse will search for a doctor or nurse practitioner who is accepting new patients in your community.
2. Contact an Ontario physician to ask if they are accepting new patients.

- Use **The College of Physicians and Surgeons of Ontario’s Find a Doctor search**.

- Choose “Advanced Search” to find a doctor near you (by city/town or postal code).

- Click on “Additional Search Options” to narrow your search (to family doctors and/or language spoken).

- Contact the doctor to check if they are accepting new patients.

Do you require non-urgent care?

Health811

A free, confidential service available by calling 811 or visiting healthconnectontario.health.gov.on.ca.

You will speak with a registered nurse day or night, 24/7.

Pediatric Outpatient Clinic (POP)

PRHC, Level 6

705-740-8055

Appointment required

Phone lines open Monday to Friday at 8:00 a.m.

Same day appointments for unattached patients

Monday to Thursday, 1:00 p.m. to 6:15 p.m.

Friday, 1:00 p.m. to 4:00 p.m.

Newborn follow-up visits and vaccinations for patients without family practitioners may be available

Women’s Healthcare Centre

PRHC, Level 4 - 705-743-4132

Monday to Friday, 8:30 a.m. to 4:30 p.m.

Appointment required

Providing unattached women with birth control and sexual planning, pap smears, unplanned pregnancy support, sexual assault and domestic violence services.

Talk Now – Mental Health and Addictions Clinic

Monday to Friday, 8:30 a.m. to 3:30 p.m.

705-876-5826

Appointments daily, with some afternoon and evening availabilities, either in-person, over the phone, or virtually.

PFHT Health Clinic

by Peterborough Family Health Team

Phone lines open weekdays at 8:30 a.m.

705-651-4866

Appointment required

Dedicated child/youth appointments available

(ages 0-17)

Provides problem-specific care to unattached patients.

See website for details: www.peterboroughfht.com

Well Baby Clinic

by Peterborough Family Health Team

Tuesday and Friday, from 9:00 a.m. to 4:30 p.m.

705-313-1603

Appointment required.

Providing babies age two (2) to 18 months without a family doctor with routine check-up care.

Enhanced Care Clinic at Guardian Pharmacy

815 High Street, Unit 9, Peterborough

Monday to Friday, 9:00 a.m. to 6:00 p.m.

Saturday, 10:00 a.m. to 3:00 p.m.

705-874-8080

Virtual Clinic: Doctors are ready to see you over the computer in-store via video chats. They will set you up for phone appointments based on your needs. Visits are first come, first served.

Walk-In Clinic at The Medicine Shoppe

Meet with a doctor virtually

860 Chemong Road, Peterborough

Monday to Friday, 9:00 a.m. to 3:30 p.m., closed

weekends and stat holidays

705 743 8443

Jack Nathan Health Medical Centre at Walmart

Meet with a doctor virtually

1002 Chemong Road, Peterborough

Monday to Friday, 9:00 a.m. to 5:00 p.m., closed

weekends and stat holidays

705 408-1171

Parkhill Pharmacy – Telemedicine Walk-in Clinic

110 Chandler Crescent, Peterborough

Monday to Friday, 9:00 a.m. to 6:00 p.m.

Saturday, 9:00 a.m. to 1:00 p.m.

705-876-0700

MORE INFORMATION

This is not an exhaustive list of available options in the community. Hours and appointment information for individual clinics subject to change - please contact clinics for the most up to date information