# **Family Medicine at PRHC**

#### **Nature of Services Provided**

The members of the Department of Family Medicine provide a wide range of services within the hospital and the community. Members have opportunity to practice in a variety of models which may include physicians, comanaged models with specialists and/or hospitalists.

Crossing several programs within PRHC, family practitioners are involved in the following areas:

- · Rehabilitation
- · Complex Continuing Care
- · Functional Enhancement Unit (Sub Acute)
- · Obstetrics
- · Emergency Medicine
- · Palliative Care
- · MRP for their own admitted Medical Patients
- · Hospitalist Service
- · Surgical Assistants

Services provided by the Department of Family Medicine can best be described as follows:

#### Rehabilitation

Family physicians are part of the multidisciplinary inpatient rehabilitation team who support patients requiring inpatient treatment for up to 60 days and serves adult patients who are recovering from stroke, neurological disorders (Guillain Barre Syndrome, Multiple Sclerosis, Parkinson's Disease, Peripheral Neuropathy), amputation, orthopedic surgery or trauma or general disability (i.e. post-operative strengthening). This includes regular stream and slow stream rehabilitation through Geriatric Assessment Treatment Unit (GATU).

## **Complex Continuing Care**

The Complex Continuing Care (CCC) program at Peterborough Regional Health Centre (PRHC) meets the highly specialized needs of adults with complex physical and/or cognitive conditions whose needs cannot be met at home or in the community. Family physicians are part of the multidisciplinary healthcare team that patients may see. The goal of the CCC program is to meet the patient's physical, emotional and social needs and improve quality of life, with a focus on discharge to the community, with or without supports.

## Functional Enhancement Unit (Sub Acute)

Designed to maintain, support and enhance the function and independence of patients who are waiting long term care placement.

- · Staffed by physician and nurse practitioner model of care with RN, RPN's and PSW's
- Interdisciplinary Team consists of; PT, OT, Rehab Assistants, Recreation, RD, SW, CCAC Case managers
- · 32-36 Patients

#### **Obstetrics**

There are family practitioners who have developed a group practice that is solely focused on obstetrics. They provide pre and post-natal care and maintain a dedicated call schedule for their patients.

## **Emergency Medicine**

Join this collegial emergency medicine department staffed primarily by CCFP/CCFP-EM trained physicians. New hires can participate in a formal upskills and mentorship program for a supported, graduated increase in their management of high acuity patients. For physicians with less experience and training, opportunities are available to work only in fast-track zone to care for urgent-care level patients. This high-acuity and high-volume department is well supported by its multidisciplinary team and specialists and has 24 hour CT access. The group offers excellent educational opportunities like teaching rounds, monthly in-situ simulations, and a yearly conference.

#### **Palliative Care**

There are family practitioners who focus primarily on in and outpatient palliative care. They provide MRP care for patients on a dedicated 22-bed unit at the hospital as well as maintaining a dedicated call schedule and providing pain and symptom management clinics to improve the end of life care and transitions.

#### **MRP for Own Patients**

Model allows family physicians admitting privileges for patients they carry in their community-based practice. These patients may be admitted and followed on an inpatient basis by the family physician acting as MRP throughout hospital stay.



## **Hospitalists**

Model promotes family physicians joining the group as hospitalists within the Medicine Program. The hospitalists act as MRP for general medicine patients and provide the core of the MRP care within the hospital (MRP for approximately 75% of the acute medicine program inpatients). A number of family physicians combine part-time hospitalist role with a part-time community-based practice with the family health teams.

### **Surgical Assistants**

There are a group of family practitioners who routinely fill the role of first assistant in the operating rooms assisting surgeons during their cases. Their commitments range from occasional work to full time. Some of them also provide availability for after-hours cases but they do not have a dedicated call group.

## **Work Better**

PRHC is a regional hospital delivering acute healthcare to a rapidly growing population of more than 300,000 in Peterborough and the surrounding communities, including the First Nations of Curve Lake, Alderville and Hiawatha.

The Health Centre is located in Peterborough Ontario, a 90-minute drive north-east of Toronto – and has a proud local history extending back over a century. We are the region's largest employer with more than 2,500 staff, 400 physicians with privileges and 500 volunteers.

As a member of the PRHC team, you will be part of an exceptional working environment - a forum to share knowledge, to learn, to develop talents, relationships and careers, and a culture that recognizes and rewards the achievements of its people.

## **Live Better**

In Peterborough, you'll be as close to the great outdoors as you are to work, schools and other amenities. Cottage country is as close as 20 minutes away. An hour south of Kawartha Highlands Provincial Park and a couple of hours from Algonquin Provincial Park. Here, we boast all the conveniences and comforts that an exceptional quality of life demands. Here, you can have it all.

Just 90 minutes from downtown Toronto by car, Peterborough is a unique community unto itself, an established entity with a rich heritage, a thriving culture, and a bright future. Home to Trent University and Fleming College as well as a burgeoning business sector, the opportunities here abound.

Peterborough offers a unique blend of outdoor pursuits and urban amenities right at your doorstep. Our arts and culture community is renowned for its exceptional events, exhibitions and performances, and the city offers a wide array of multicultural cuisine, local cafés,

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