

Peterborough Regional Health Centre  
**Geriatric Assessment and Behavioural Unit**  
**Referral**

Patient Label

Date of Referral: \_\_\_\_\_

(DD/MM/YYYY)

Complete and Fax to: 705-876-5836

Phone: 705-743-2121 Ext. 4303

***\*Please note that incomplete referrals will result in a delay, you will be contacted once the referral has been reviewed***

**CLIENT INFORMATION:**

Name: \_\_\_\_\_ OHIP#: \_\_\_\_\_ DOB (DD/MM/YYYY): \_\_\_\_\_ Gender:  Male  Female

Address: (include Apt #) \_\_\_\_\_

Method of contact: (Choose all that you consent to)  Mail  Cell # \_\_\_\_\_  Home Phone # \_\_\_\_\_

Can we leave a message?  Yes  No

Next of Kin/SDM: \_\_\_\_\_ Relationship to Client: \_\_\_\_\_ Phone #: \_\_\_\_\_

Language: \_\_\_\_\_ Is an interpreter required?  Yes  No Is client aware of this referral?  Yes  No

**Other Relevant Information**

**Current Living Arrangements** (Date admitted to facility if applicable):

- Lives Alone
- With Partner/ Spouse
- With Children
- LTCH \_\_\_\_\_
- Retirement Home \_\_\_\_\_

Is the client medically stable?  Yes  No

Is the client developmentally delayed?  Yes  No

**Contact/ Substitute Decision Maker/ Power of Attorney**

**Treatment Decisions made by:**  Self  Power of Attorney  Public Guardian/ Trustee  Substitute Decision Maker

Contact Name: \_\_\_\_\_ Relationship: (Spouse, Child, POA, PGT): \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Work #: \_\_\_\_\_ Mobile #: \_\_\_\_\_

**Financial Decisions made by:**  Self  Power of Attorney  Public Guardian/ Trustee  Substitute Decision Maker

Contact Name: \_\_\_\_\_ Relationship: (Spouse, Child, POA, PGT): \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Work #: \_\_\_\_\_ Mobile #: \_\_\_\_\_

**Diagnosis** (onset date, who diagnosed):

**REFERRING SOURCE NAME:** \_\_\_\_\_

Telephone #: \_\_\_\_\_

Fax: \_\_\_\_\_

Referral Signature: \_\_\_\_\_

PRIMARY PHYSICIAN: Name: \_\_\_\_\_

Telephone #: \_\_\_\_\_ Fax: \_\_\_\_\_

**Current Medical Symptoms/ Current Treatments:**

**Past Psychiatric and Medical History** (including substance use):

**Reason(s) for the referral:** (symptoms, duration and goal, etc.)

Impact on daily functioning:  Mild  Moderate  Severe

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**Current Responsive Behaviours**

**Please check all that apply:**

- |   |  |
|---|--|
| <input type="checkbox"/> Verbally Responsive<br><input type="checkbox"/> Physically Protective<br><input type="checkbox"/> Collecting Items<br><input type="checkbox"/> Depression<br><input type="checkbox"/> Suicide Ideation<br><input type="checkbox"/> Suicide Attempt<br><input type="checkbox"/> Restless/Pacing<br><input type="checkbox"/> Threat to Self<br><input type="checkbox"/> Repetitive Vocalizations | <input type="checkbox"/> Resist/Refuse Personal Care<br><input type="checkbox"/> Exit-Seeking<br><input type="checkbox"/> Psychotic Symptoms (hallucinations, delusions)<br><input type="checkbox"/> Disrobing<br><input type="checkbox"/> Indiscriminate Ingestion of Foreign Substances<br><input type="checkbox"/> Sexually Expressive<br><input type="checkbox"/> Resist/Refuse Treatment<br><input type="checkbox"/> Sleep Disturbance<br><input type="checkbox"/> Other: _____ |
|---|--|

**Provide additional details and describe responsive behaviours:**

**Activities of Daily Living**

- |                            |   |                                      |   |   |   |
|----------------------------|---|--------------------------------------|---|---|---|
| <b>Dressing:</b>           | <input type="checkbox"/> Independent                                    | <input type="checkbox"/> Supervision | <input type="checkbox"/> Limited Assistance | <input type="checkbox"/> Extensive Assistance | <input type="checkbox"/> Total Care<br>(# of staff to provide care: ____)       |
| <b>Bathing:</b>            | <input type="checkbox"/> Independent                                    | <input type="checkbox"/> Supervision | <input type="checkbox"/> Limited Assistance | <input type="checkbox"/> Extensive Assistance | <input type="checkbox"/> Total Care<br>(# of staff to provide care: ____)       |
| <b>Feeding:</b>            | <input type="checkbox"/> Independent                                    | <input type="checkbox"/> Supervision | <input type="checkbox"/> Limited Assistance | <input type="checkbox"/> Extensive Assistance | <input type="checkbox"/> Total Care<br>(# of staff to provide care: ____)       |
| <b>Transfers:</b>          | <input type="checkbox"/> Independent                                    | <input type="checkbox"/> Supervision | <input type="checkbox"/> Assistance X1      | <input type="checkbox"/> Assistance X2        | <input type="checkbox"/> Assistance X3 <input type="checkbox"/> Mechanical Lift |
| <b>Ambulation:</b>         | <input type="checkbox"/> Independent                                    | <input type="checkbox"/> Supervision | <input type="checkbox"/> Assistance X1      | <input type="checkbox"/> Assistance X2        | <input type="checkbox"/> Assistance X3 <input type="checkbox"/> Non-ambulatory  |
| <b>Bowel Continence:</b>   | <input type="checkbox"/> Incontinent <input type="checkbox"/> Continent |                                      |   |   |   |
| <b>Bladder Continence:</b> | <input type="checkbox"/> Incontinent <input type="checkbox"/> Continent |                                      |   |   |   |
| <b>Client uses:</b>        | <input type="checkbox"/> Glasses  | <input type="checkbox"/> Hearing Aid | <input type="checkbox"/> Dentures           | <input type="checkbox"/> Cane                 | <input type="checkbox"/> Walker <input type="checkbox"/> Wheelchair             |

**Checklist**

- |   |   |
|---|---|
| <input type="checkbox"/> Past two weeks of nursing notes<br><input type="checkbox"/> Lab results including urinalysis within one month<br><input type="checkbox"/> Delirium Screen (CAM, I WATCH DEATH)<br><input type="checkbox"/> Consults<br><input type="checkbox"/> Diagnostic Imaging (Chest xray, ECG, CT, MRI) if available<br><input type="checkbox"/> Power of Attorney Documentaiton<br><input type="checkbox"/> Current Medication Use/ MAR | <input type="checkbox"/> Advance Directive<br><input type="checkbox"/> Behaviour Care Plan/B.A.T<br><input type="checkbox"/> MRSA/VRE Screen within two weeks<br><input type="checkbox"/> Assessments (DOS, RAI/MDS, Cohen Mansfield Agitation Inventory, Cornell Scale for Depression, Pain Assessments, Cognitive Assessment etc. if available)<br><input type="checkbox"/> Signed Consent for Treatment<br><input type="checkbox"/> Signed Reciprocating Agreement |
|---|---|

**CURRENT MEDICATIONS (Psychiatric) attach additional information if needed**

Medication	Dose / Frequency	Response & Adverse Effects

**Past Medications (Psychiatric)**

Medication	Dose / Frequency	Response & Adverse Effects

Allergies:

**Past Psychiatric Assessments or Therapies**     Yes     No     Documents attached to referral form  
 Please note, in order to process referral request any previous psychiatric assessments or therapy reports/documents must be attached to referral form

<b>Other involved Care Providers: (LHIN, ON Shores, PASE, GAIN etc.)</b>	<b>Referrals/Waitlisted for other services?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No
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**Informed Consent for Admission**

We welcome you and/or your loved one to the Geriatric Assessment and Behavioural Unit (GABU). The GABU specializes in assessing and treating responsive behaviours that arise secondary to a diagnosis of dementia. Given that all patients on GABU have been identified as having behaviours, we would like to you to be aware of the types of behaviours you and/or your loved one may see and experience while on the unit. These may include any or all of the following:

Patients in the GABU may exhibit varying behaviours, including the following:

- Physical aggression
- Verbal aggression
- Exit-seeking
- Wandering
- Sexual expression
- Calling out
- Repetitious behaviour
- Rummaging in the belongings of others
- Entering rooms that aren't their own

I, \_\_\_\_\_ (SDM/POA name, printed), acknowledge that I have been made aware of the above risks and consent to \_\_\_\_\_ (name of patient, printed) being admitted to GABU.

\_\_\_\_\_  
Signature of SDM/POA

\_\_\_\_\_  
Date (dd/mm/yyyy)

\_\_\_\_\_  
Name of Witness

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Date (dd/mm/yyyy)

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**Admission Reciprocating Agreement**

Patient 's will be accepted for admission in accordance with the Admission Criteria for the Geriatric Assessment and Behavioural Unit at the Peterborough Regional Health Centre (PRHC) as listed below:

- Older adults with a dementia or other age-related cognitive impairment, and associated responsive or challenging behaviours; (may include verbal and/or sexual and/or physical aggression)
- The patient is medically stable
- Acute delirium has been ruled out as the cause of the behavior
- Previous attempts to resolve behaviours as an outpatient in consultation with Geriatric Assessment Intervention Network (GAIN) or Psychiatric Assessment Services for the Elderly (PASE) clinics (where applicable) have been unsuccessful.
- GAIN or PASE Clinics have assessed that the older adult with dementia would benefit from an inpatient assessment and have recommended application to inpatient treatment, or
- Sending hospital has referred a patient who has been reviewed by Geriatric Care Coordinator and Geriatrician/Geriatric Psychiatrist and agreed to the admission.

Once the admission criteria has been reviewed and agreement to accept the patient has been made PRHC requests assurance from the referring institution/unit that they will repatriate the patient /resident/client back once the GABU health care team has determined treatment is completed. Estimated date of discharge from the GABU unit is approximately six to eight weeks post admission to the unit.

**GABU Manager/Director:** \_\_\_\_\_

**Referring Institution/Unit:** \_\_\_\_\_

The referring institution/unit understands and agrees to be involved in the discharge process to ensure the success of the care plan and treatment continuity upon discharge.

**My/Our Signature indicates that I/We have read and understand the provisions outlined in this agreement and agree to the terms.**

Dated this \_\_\_\_ day of \_\_\_\_\_ (Month) \_\_\_\_\_ (Year)

\_\_\_\_\_  
Signature of Unit Manager/Director of Care

\_\_\_\_\_  
Signature of Unit Manager/Director of Care

\_\_\_\_\_  
Print name of Unit Manager/Director of Care

\_\_\_\_\_  
Print name of Unit Manager/Director of Care