

## BREAST WORKUP CLINIC

### Indications for referral to the Breast Workup clinic:

- New palpable lump
- Skin changes (puckering, dimpling, redness, rash)
- Nipple changes
- Recent abnormal screening mammogram

**Most breast changes are normal.** Please speak with your primary care provider about any changes to see if further assessment is needed.

Patients referred to the centre's Breast Workup Clinic can expect to have all necessary tests completed during their appointment.

- A radiologist (doctor) who specializes in breast imaging will review your pictures and provide a verbal diagnosis at the end of the appointment.
- If a biopsy is recommended, patients will be given the option of having it done the same day. Some types of biopsies need to be scheduled in advance.
- Patients can be referred to the clinic by having their primary care provider fax a referral.

### Do you have your mammograms done at another clinic and want to switch to the Breast Assessment Centre at PRHC?

No problem. Give us a call and we will happily arrange for your prior images to be transferred to our centre for comparison.



Peterborough Regional Health Centre  
1 Hospital Drive,  
Peterborough, ON K9J 7C6  
[www.prhc.on.ca](http://www.prhc.on.ca)

Breast Assessment Centre Direct Line:  
705-740-8166



## PRHC Breast Assessment Centre

The Breast Assessment Centre offers a coordinated and timely approach to the assessment and diagnosis of breast health concerns.

**PRHC**  
Peterborough Regional  
Health Centre

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[www.prhc.on.ca](http://www.prhc.on.ca)



# PRHC BREAST ASSESSMENT CENTRE

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## **Services may include:**

- Screening mammography
- Diagnostic mammography (special views to diagnose breast problems)
- Breast ultrasound
- Image-guided core breast biopsies
- Breast MRI
- On-site radiologists (doctors) specializing in breast imaging
- Assistance with surgical and oncology referrals
- Pre-operative procedures for breast surgery
- Education and support
- Genetic assessment and testing through the PRHC Genetics Program
- Referrals to various community partners

## **The Breast Assessment Centre Registered Nurse (RN)**

The Breast Assessment Centre RN will use her knowledge and skills to prepare and navigate patients through cancer diagnosis and survivorship. The RN works collaboratively with the Breast Health Navigator (BHN) to guide patients through the diagnostic process in the Breast Assessment Centre.

## **The Role of the Breast Health Navigator (BHN)**

A Breast Health Navigator (BHN) is a healthcare professional with specialized knowledge in breast health. BHNs are certified Patient Navigators with the National Consortium of Breast Centers, Inc. The BHN is available to patients and their families for information, education and support about breast health, and can:

- Answer questions and help prepare you for appointments
- Help you learn about your diagnosis and its treatment
- Find resources and community supports
- Guide you through the health care system
- Help you feel more in control of your care
- Help you speak with doctors and staff
- Streamline and schedule appointments
- Provide emotional support

**The Breast Health Navigator works out of the Breast Assessment Centre and can be reached at 705-743-2121 x 2691**

**The Breast Assessment Centre Registered Nurse can be reached at 705-743-2121 x 2499**

## **Commitment to Quality Care**

The Breast Assessment Centre is committed to providing high-quality care and participates in the following quality initiatives:

### **CAR-MAP Accredited**

Canadian Association of Radiologists' Mammography Accreditation Program  
[www.car.ca](http://www.car.ca)

### **Ontario Breast Screening Program (OBSP)**

Screening, Assessment and High Risk site:  
[www.cancercare.on.ca](http://www.cancercare.on.ca)

### **PRHC Hospital Accreditation**

[www.accreditationcanada.ca](http://www.accreditationcanada.ca)  
[www.prhc.on.ca](http://www.prhc.on.ca)

